

WELCOME TO KUHMO!



Mover's Guide

KUHMO

www.kuhmo.fi
www.visitkuhmo.fi

GUIDE CONTENTS

- 1 Greetings of the Mayor
- 3 Movers' services in Kuhmo
Residence permits
- 4 Housing
- 6 Services
- 10 Employment
- 13 Health and social services
- 15 Daycare and education
- 19 Leisure and culture services
- 22 Sports services
- 26 Mover's memo



GREETINGS OF MAYOR



I moved to Kuhmo with my family in 2007, and we have been very happy here. I was elected as the Administrative Director of the city of Kuhmo, and in May 2023 the City Council elected me as the Mayor of Kuhmo city. There is plenty to see and do in Kuhmo. The nature is always close, and anglers for instance will find many opportunities here. Tourism is important for our city, and the objective is to turn the Kalevala area into a hub of travel in the Kuhmo region.

Kuhmo provides wonderful opportunities for experiencing and seeing a diverse city where the nature is close and there is always something going on around the year. The city of Kuhmo is known for its hospitality and a wide range of services in the fields of culture, nature, and leisure time. Kuhmo is the stage for several events and activities for friends of different cultures and traditions. The nature here provides a wonderful setting for hiking, cycling, and many other outdoor activities. It has been said that Kuhmo is in many ways larger than it seems. The Kuhmo Arts Centre hosts various events almost every weekend.

Kuhmo was the first Finno-Ugric Capital of Culture in Finland for the year 2023. Kuhmo is also known as a city of literature, being a member of the UNESCO Creative Cities Network since 2019. The Kalevala epic is an essential part of both the past and living tradition in Kuhmo, and the Juminkeko Foundation looks after and maintains Kalevala culture in Kuhmo. Visitors to the Kuhmo Chamber Music Festival can be seen roaming the streets in July, as the event brings in a lot of shopping power to Kuhmo. Kuhmo Chamber Music is the best-known brand from Kainuu among music lovers worldwide.



The most important basic task of any city is to produce high-quality services for its inhabitants. Retention and attraction are greatly impacted by how citizens perceive the availability of municipal services. Culture and free time are important parts of life in our city. We want to arrange events where local inhabitants can meet each other. Kuhmo features excellent opportunities for sports, and our ski trail network has received plenty of accolades. It is possible to enjoy many hobbies in Kuhmo. When speaking of services, those provided by entrepreneurs in Kuhmo are crucial when it comes to enjoying life here. As a city, we are always looking for close partnerships with local entrepreneurs. The businesses in Kuhmo always have interesting jobs available, and the same can be said of the Kuhmo facilities of the Kainuu Wellbeing Services County.

There is much to see and experience in and around the built-up parts of Kuhmo alone. The Petola Nature Centre is open in July, and the nature conservation area of Harakkasaari is located next to the Kalevala area. The Kuhmo Arts Centre, the library, the Tuupala Museum, the Winter War Museum, and the Juminkeko Centre are all worth visiting. Kuhmo provides an excellent setting for photographing wild animals.

The terrain is great for hiking and mountain biking. The hiking trail connecting the sports centre and the Kalevala region was completed in 2023, and from now on you can reach further trails from the Kalevala area without getting your feet wet, even in sneakers.

New Kuhmo residents, travellers, Kuhmo guests, and summer cabin inhabitants are all important for Kuhmo. The city of Kuhmo would like to welcome you into our community. I hope that you like it here and find your place among us.

With warmest regards,

Juhana Juntunen
Mayor



MOVERS' SERVICES IN KUHMO

Residence permits

Residence permits issued by the Finnish Immigration Services to non-EU citizens and registration of the right of residence of citizens of the EU

If you arrive in Finland from a non-EU country and intend to stay for longer than 90 days, you must apply for a residence permit. If you are here to work, you might need a residence permit even if you stay in Finland for under 90 days. Residence permits must be applied for personally. This means that you cannot apply for a residence permit on behalf of e.g. your spouse or employee.

If you are a citizen of an EU Member State, Iceland, Liechtenstein, Norway, or Switzerland, you will not need a residence permit in Finland, but you must however register your right of residence in Finland within three months of arriving in Finland at the Finnish Immigration Services: <https://migri.fi/en/registration-of-right-of-residence>

Read more about applying for a residence permit here: <https://migri.fi/en/applying-for-a-residence-permit>

NOTE! Your application cannot be processed until you have verified your identity. You can do this in person at the Kuopio and Oulu offices of the Finnish Immigration Services by booking an appointment.

Registration of Nordic citizens (Digital and Population Data Services Agency)

If you are a Nordic citizen, only register at the Digital and Population Data Services Agency. Nordic citizens do not need to apply for EU registration at the Finnish Immigration Services. Registered residence permits are valid indefinitely.

Rental apartments at Kuhmo Terva apartments

Municipal rental apartments in Kuhmo city are provided by Housing Company Kuhmon Terva-asunnot Oy.

The Building Manager and Housing Advisor are available for assistance with issues having to do with renting an apartment and housing in general, and they provide their services to all municipal residents regardless of their type of housing. The Housing Advisor assists, guides, and advises in all housing-related issues and questions as early as possible. Such issues and questions can include for instance applying for an apartment, paying rent, general housing issues, such as waste management counselling and appliances, as well as directing customers to the required services.

Housing Advisor

Piia Myllylä

Könninmäentie 2

88900 Kuhmo

tel. 044 710 5081

piia.myllyla@kuhmo.fi

Building

Manager

Pasi Tervo

Könninmäentie 2

88900 Kuhmo

tel. 044 725 5490

pasi.tervo@kuhmo.fi

Renting or buying an apartment from private persons

Local real estate agents and private persons also have apartments and properties available for rent. The apartments for rent and sale in the Kuhmo region are listed on relevant websites and in notices in local papers and listings issued by local real estate agents.

Please note that apartment buyers from outside the EU and EEA need authorisation issued by the Ministry of Defence to engage in property and plot transactions. More information is available on the website of the Ministry of Defence:

https://www.defmin.fi/en/licences_and_services/authorisation_to_non-eu_and_non-eea_buyers_to_buy_real_estate#bc97c6a666

Local real estate brokering services are offered by:

Real Estate Agent Anita Mikkonen Oy LKV

Koulukatu 14, 88900 Kuhmo

tel. 045 2132 920

anita@anitamikkonen.fi

<https://anitamikkonen.fi/>

Real Estate Agent Kuhmo OP Koti

Pasi Pulkkinen

tel. 050 476 0074

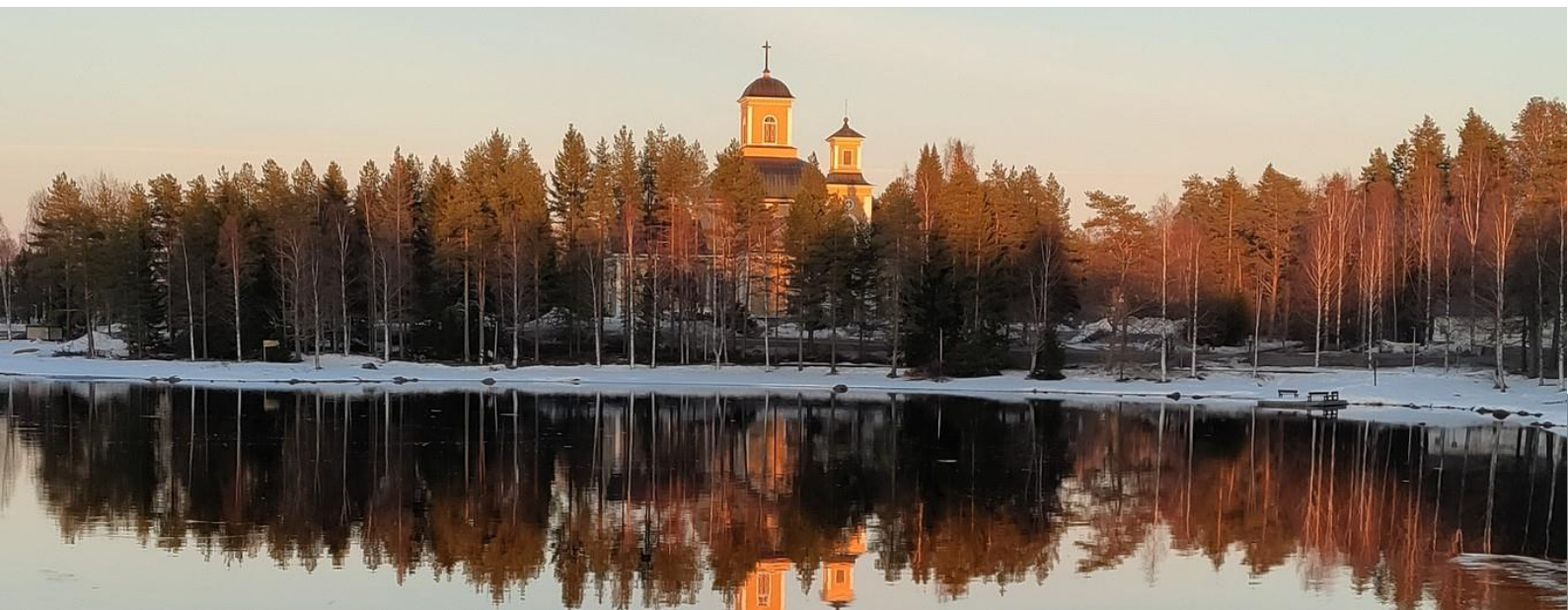
pasi.pulkkinen@op.fi

<https://op-koti.fi/kiinteistonvalitys/kuhmo>

Submitting a move notification

You can submit a move notification at a post office or online at

<https://www.posti.fi/en/private/change-address>



Services

Applying for an identity card at the Kuhmo police station

An identity card is a document that allows you to verify your identity in various service interactions. It can also be used for limited travelling purposes, and it includes a chip for online service access. An identity card is usually valid for 5 years.

You are eligible for an identity card if you are a foreigner residing permanently in Finland. In addition, your personal data, including information of your Finnish domicile, need to be entered into the Digital and Population Data Services system, and you need to have a valid residence permit, residence card, or registered right of residence.

An identity card can be applied for online. If you do not want to or cannot access services online, you can also submit an application at the Kuhmo police station by making an appointment.

Public service appointments at the Kuhmo police station:

Make an appointment <https://asiointi.poliisi.fi/ajanvaraus-fe> or by telephone by calling the police information helpline at 0295 419 800, weekdays from 8:00 to 16:15.

When you come to the police station, use a valid passport to verify your identity. Do this:

- Have a passport photograph taken by a photographer.
- Fill in the application online
- Make an appointment via the online service
- Collect your identity card at your chosen pick-up location.

The Kuhmo police station hands out finished documents without an appointment on Mondays, Tuesdays, Thursdays, and Fridays at 9:00 to 12:00 and at 13:00 to 16:00 at the following address: Kuhmo police station Koulukatu 6, 88900 Kuhmo

Setting up a bank account and online banking credentials at the Kuhmo Osuuspankki bank:

In Finland, all payments are made through a bank, and all salaries are paid to a bank account. This means that you will need a bank account with optional connected payment card and online banking credentials, which make it possible to pay bills online and log into various online services requiring strong identification.

Banking services in Kuhmo are provided by Kuhmon Osuuspankki bank, where you can make an appointment for opening an account and receiving your banking credentials. Book an appointment beforehand:

Customer service telephone: 0100 0500

Open: Mon-Fri 9:30-16:00

Kuhmon Osuuspankki

Koulukatu 10

88900 Kuhmo



Applying for a Kela card through the Kuhmo office / OmaKela e-service:

You may be entitled to various Kela benefits at different stages in your life. Your social security benefits are mostly affected by where you are coming from and for how long you intend to work in Finland. Kela will always investigate the applicants' life situation and support needs when benefits are applied for.

You can apply for Kela benefits and the Kela card in the OmaKela e-service. In addition to a benefits or Kela card application, you should also file notice of moving into Finland. If your move into Finland is considered permanent, you will be sent a Kela card. You will need banking credentials to use the OmaKela service.

More instructions and advice are available at: <https://www.kela.fi/centre-for-international-affairs>

The Kela Kuhmo service centre (address Koulukatu 12, 88900 Kuhmo) is only accessible by appointment through OmaKela or by calling the Kela service telephone number 020 6340200, Mon-Fri 10:00-15:00

Applying for a tax card through the MyTax service / the Kajaani Tax Office:

You will need a tax card if you receive any salary or other income. Other income includes for example pension and Kela benefits. Your tax card specifies your income tax rate, which indicates how much tax you need to pay on your income. If you receive a salary, your employer will deduct the tax from your salary directly and pass it on to the Tax Administration. You need a Finnish personal identity code to apply for a tax card.



Make an appointment or visit the Kajaani tax office during its opening hours:

Lönnrotinkatu 2C, 87100 Kajaani. Or order a new tax card from the MyTax service online. MyTax is a service where you can take care of almost all of your tax business. You can also call the Tax Administration at 029 497 000. Immigrant customers are served at the national number 029 497 024. Call charges apply.

Instructions for ordering a tax card via MyTax are at the following address: https://www.vero.fi/en/individuals/tax-cards-and-tax-returns/tax_card/ordering-a-tax-card-in-mytax/

Driving and driver's licence replacement within two years of moving into Finland (persons from non-EU countries)

Instructions for replacing a foreign driver's licence with a Finnish driver's licence: <https://ajokortti-info.fi/en/basic-information-about-driving-licence/exchanging-foreign-driving-licence-finnish-licence>



Employment

Registering as a job seeker in Job Market:

Unemployed persons need to register as job seekers via the My own pages section of the Job Market platform: <https://tyomarkkinatori.fi/en/my-own-pages>

You should register as a job seeker if you do not currently have a job and want to find employment in Kuhmo/Finland. As a job seeker, you may also be entitled to unemployment benefits and employment service guidance and counselling.

Kuhmo employment services

The customer service team of the Kuhmo City employment services includes seven employment counsellors. The counsellors meet with customers by appointment at the City hall at Kainuuntie 82, 88900 Kuhmo. You can find us on the first floor of the building.

The City of Kuhmo provides employment services in the employment promotion service area for its customers in Kuhmo. With the help of employment services, both individual and corporate customers receive advice and guidance in job search and employee recruitment, as well as competence development. The general telephone advice in the Kainuu-Koillismaa area serves individual customers as well as employer and corporate customers on 08 819 1152 on weekdays from 9 am to 3 pm. The general email address of the Kuhmo employment services is tyollisyyspalvelut@kuhmo.fi.

Job seekers with immigrant backgrounds first do an initial survey with a counsellor, evaluating the need for language training and other integration services as well as their readiness for employment and study. The integration plan outlines education, job seeking, and actions promoting employment.

Integration training teaches you the Finnish language and communication and provides you with information about the skills you need in Finnish society and working life. There is an orientation period at the start of the integration training informing you about Finnish society, working life, the education system, and culture in your native language.

The following employment counsellors are at your service:

Tuija Holopainen
Employment
Counsellor
tel. 044 7255 238
tuija.holopainen@kuhmo.fi

Anna Heikkinen
Employment
Counsellor
tel. 040 7498 097
anna.heikkinen@kuhmo.fi

Ritva Juntunen
Employment
Counsellor
tel. 044 7255 246
ritva.e.juntunen@kuhmo.fi

Tuija Pulakka
Employment
Counsellor
tel. 040 626 6226
tuija.pulakka@kuhmo.fi

Taina Komulainen
Employment Counsellor
tel. 040 529 8905
taina.komulainen@kuhmo.fi

Katja Nivala
Employment Counsellor,
foreign-language customers
tel. 044 750 2928
katja.nivala@sotkamo.fi

Veli Huotari
Employment
Counsellor
tel. 040 353 6837
veli.huotari@kuhmo.fi

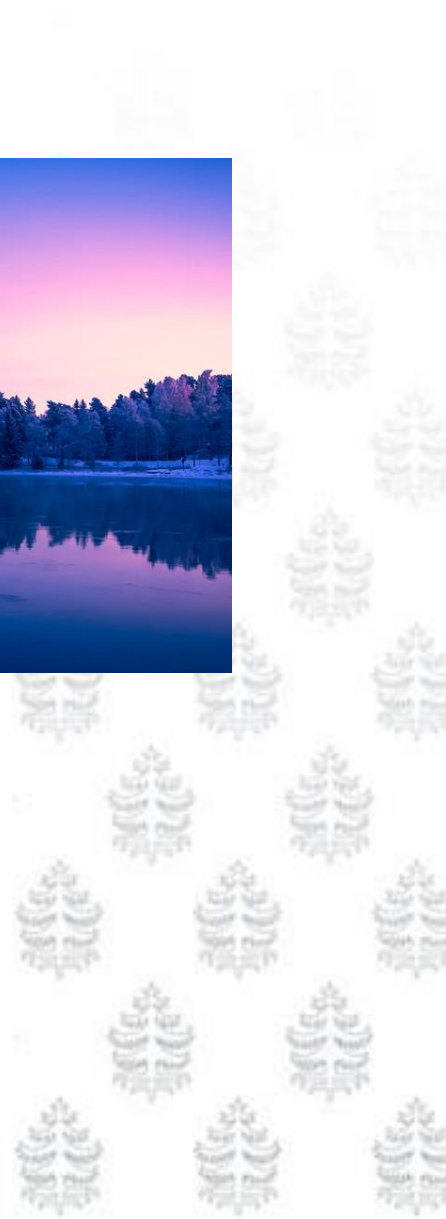
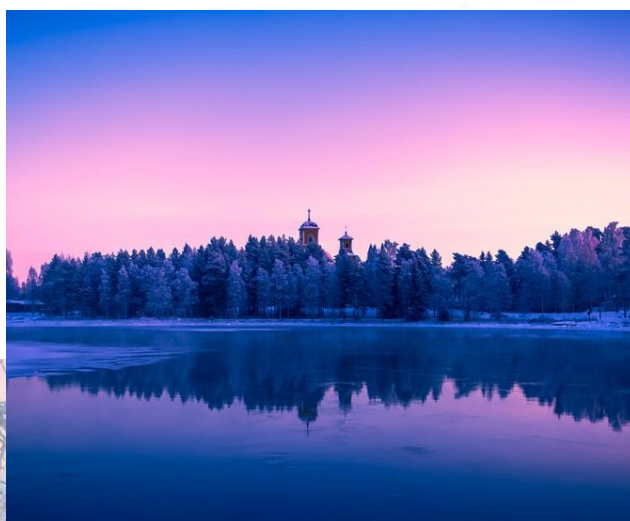
Sari Klemetti
Employment
Counsellor
tel. 040 657 7381
sari.klemetti@kuhmo.fi

Entrepreneurial services in Kuhmo

The Kuhmo City entrepreneurial services and the regional expert network assist businesses at all stages from foundation to change in ownership or discontinuation of business operations. The services also provide information when your business has recruitment or training needs or requires funding for development and investments.

Kari Malinen
Business
Advisor
tel. 044 7255301
kari.malinen@kuhmo.fi

Pekka Horttanainen
Economic
Development
Manager
tel. 044 7255304
pekka.horttanainen@kuhmo.fi



Health and social services

Public healthcare at the Kuhmo Health Centre

The Kainuu Wellbeing Services County is responsible for the provision of public social and health services in the Kainuu region. The Kuhmo health centre has nurses' offices and a doctor's office, laboratory, and X-ray services, as well as physical therapy services. There is also a dentist's office, a maternity, children's, and family planning clinic, and mental health services and addiction and substance abuse services in Kuhmo. Specialist healthcare is available in Kajaani at the Kainuu Central Hospital. Outside of the health centre opening hours, on-call nurse and doctor services are available in Kajaani at the Kainuu Central Hospital.

The Kuhmo clinic is only available after making contact and booking an appointment. A call-back system is in use, which is available Monday to Thursday at 7:30 to 16:00 and Fridays at 7:30 to 15:00.

Health centre nurse (same day call-back) tel. 08 61565635

Kirkkotie 16

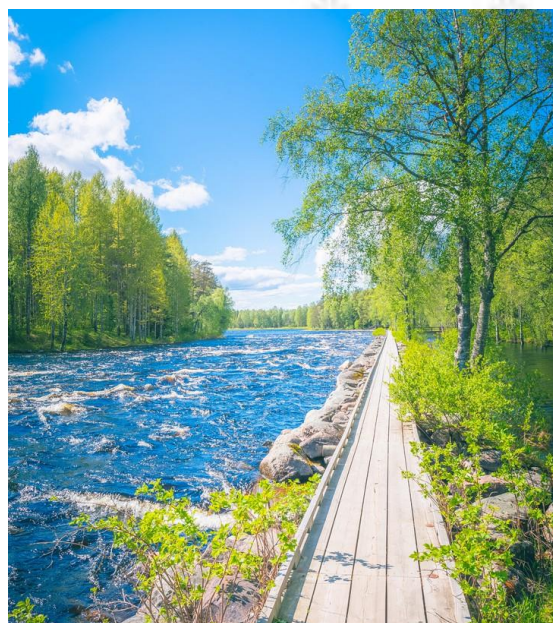
88900 Kuhmo

Nurse's 24-hour telephone service

at the Kainuu Central Hospital

(On-call assistance)

Tel. 116 117



- Kalevalan Työterveys Oy (private and occupational healthcare customers, laboratory tests)
- Kuhmon Lääkäripalvelu Medika (emergency, specialists, MRI scans)
- Dentist's services are provided by Aijan Hammas and Tuomas Parkkinen

Social services

Social services provide guidance and counselling at different life stages and for various challenges. Customers are received at the Kuhmo office by appointment only. Adult social work telephone service is available at 08 6156 7741. The telephone service is available Monday to Thursday at 9 to 15 and Fridays at 9 to 14. In urgent business outside of these times, you may call the social service emergency telephone at 044 797 0676 or the general emergency call centre at 112.

Adult social services can also be accessed via the Omasote service 24/7: omasote.kainuu.fi.

The Kuhmo family centre is at the following address:

Kainuuntie 89
88900 Kuhmo



Daycare and education

Pre-primary education (daycare)

The city of Kuhmo provides daycare for children at daycare centres and in family daycare. The purpose of daycare is to support the growth and development of children in close partnership with their families. Daycare is for learning how to work in a group and supporting child development by means of play, also developing the children's Finnish language skills. There are three daycare centres in Kuhmo, with Vuoropäiväkoti Kuusenkuiske offering pre-primary education for children aged 9 months to 9 years and needing shift daycare, the Tuupala daycare centre offering pre-primary education and complementary early education, and Päiväkoti Satumetsä providing early education for children aged 9 months to 5 years. Family daycare includes children aged approx. 9 months to 5 years and needing early education. There are currently 7 daycare families in Kuhmo.

Pre-primary education places are applied for primarily by using an electronic form. The pre-primary education application is filed electronically and for each child separately. Paper forms are submitted to the pre-primary services at city hall, address Kainuuntie 82, 88900 Kuhmo.

The required forms and more detailed guidance for application are at the following address: <https://www.kuhmo.fi/varhaiskasvatus-ja-koulutus/varhaiskasvatus/paivahoitoon-hakeminen/>



Pre-primary education

The city of Kuhmo provides pre-primary education for all children during the year before starting school. In the built-up area, the education is offered by pre-primary education services, and at village schools by primary education services. Pre-primary education is free of charge, but if the child needs supervision after the official teaching, a customer fee is charged.

Niina Kähkönen

Director of Pre-Primary
Education

tel. 044 725 5317

niina.kahkonen@kuhmo.fi

Primary education

Kuhmo offers primary education for grades 1 to 9 at the Tuupala school located in the city centre. The village schools at Hietaperä and Lentua additionally provide education for grades 0 to 6. The purpose of primary education is to cover primary education needs and arrange morning, afternoon, and club activities for school children. The primary education at village schools is also included in primary education services.

Students are entitled to free school transports if the distance to the school is over five (5) kilometres, or over three (3) kilometres for pre-primary students and first and second-grade students. Children participating in morning and afternoon activities do not receive separate transport services, but they can use their right to free school transport within the scope of existing schedules and routes.

More information is available from:

Marjut Kyllönen
Director of Education
tel. 044 7105 124
marjut.kyllonen@kuhmo.fi

Antti Komulainen
Transport Planner
tel. 044 7255 262
antti.komulainen@kuhmo.fi



Upper secondary school

18

The Kuhmo upper secondary school offers a generalised and a music-focused line. The teaching programme of the music-focused line is similar to courses offered at specialised music-focused upper secondary schools. There are available almost 20 periods of music teaching, among which the students can choose. The diverse programme includes many interesting periods, such as security studies, dancing, and wilderness studies.

Marjut Kyllönen

Director of Education

tel. 044 7105 124

marjut.kyllonen@kuhmo.fi

Vocational education

Kuhmon Taitotehdas is a communal learning environment organised by the Kainuu vocational academy and the city of Kuhmo, where you can study degrees or partial degrees that the Kainuu vocational academy is entitled to offer. Education is available for youths, career changers, and new Kuhmo arrivals. People already at work may also complement their professional competencies by means of supplementary education.

The students are of different ages and study degrees in different fields. A personal competence development plan is made for each student at the start of the studies. The principle at Taitotehdas is that studying is more oriented towards the needs of working life. More information about education, applications, and degrees can be obtained by telephone from the Taitotehdas Instructor or by visiting in person on Monday or Tuesday at 9:00 to 13:00.

Taitotehdas Instructor

tel. 040 5167692

Kainuun tie 85

88900 Kuhmo

Leisure and culture services

Youth services

Youth work at Kuhmo includes youth work, such as clubs, camps, events, trips, youth workshops, and outreach youth work, as well as youth work at schools and educational institutions.

We provide meaningful activities for Kuhmo youths in their free time. Together with our partners, we improve the conditions of Kuhmo youths and create the preconditions for youth civic participation in Kuhmo and the Kainuu region.

Teija Kyllönen

Leisure Instructor

tel. 044 7105 048

teija.kyllonen@kuhmo.fi

Ritva Juntunen

Youth Service

Representative

tel. 044 7255 246

ritva.e.juntunen@kuhmo.fi

Library services

The Kuhmo city library offers e.g. access to materials, information, and culture, maintains a diverse and updated collection, promotes reading, and offers information services and facilities for learning and civic activities. In addition to the main library, the municipal citizens are serviced by a library bus.

An independent library service is available when the library personnel are not in. Access requires a library card and its associated PIN code. Persons under the age of 15 may only enter with parental consent.



The Kuhmo city library is at the following address:

PL 16 (Pajakkakatu 2)
88900 Kuhmo
kaupunginkirjasto@kuhmo.fi
tel. 044 7255 390

Music academy

The Kuhmo music academy is an educational institute for arts maintained by the city. The Kuhmo music academy operates in the Kuhmo and Sotkamo region.

At the Kuhmo music academy, you get to enjoy the joy of music with others, as communality is our strength!

The Kuhmo music academy arranges dance studies according to the general primary arts education subject matter requirements. Dance studies are available for children, youths, and adults. Dancing offers joy and a sense of success in physical, spiritual, and social senses.

Elisa Kerola
Principal of the Kuhmo Music
Academy
tel. 044 7255 440
elisa.kerola@kuhmo.fi

Kuhmo Arts Centre

The culture events and other events at the Kuhmo Arts Centre can be seen at <https://www.kuhmotalo.fi/>

tel. 08 6155 5451 (office)
kuhmo.talo@kuhmo.fi



Adult education centre

The adult education centre arranges folk education activities in the Sotkamo and Kuhmo region. The adult education centre offers general education courses, primary studies in the arts, and custom courses on demand. The course offering is available at <https://www.sotkamo.fi/en/sports-and-leisure/adult-education-centre/>

Merja Ojalammii

Director of Education - Principal of the
Adult Education Centre

tel. 044 750 2125

merja.ojalammii@sotkamo.fi

The Kuhmo 4H association

The Kuhmo 4H association arranges various hobby activities on weeknights and during children's holidays. We train and employ young people to serve as club instructors and pet caretakers and for home service and gardening tasks.

Katriina Sorjonen

Director

tel. 040 734 6797

katriina.sorjonen@4h.fi

Kuhmo parish

The main service at the Kuhmo parish is held in Kuhmo church every Sunday and day of worship at 10:00. Day club and various family events are arranged for families with children. Families may also propose their own ideas for events and church activities.

Riikka Pääkkönen

Vicar

tel. 044 738 4302

riikka.paakkonen@evl.fi

Cinema Pajakkakino

Cinema Pajakkakino features an auditorium with 107 seats and a meeting room for max. 25 to 30 persons. A kiosk selling popcorn and other necessities is open before the movie starts! The cinema website includes information about current and upcoming movies:
<https://www.pajakkakino.fi/>

Contacts:

Ari Innilä

tel: 050 5232 044

pajakkakino@gmail.com

Sports services

Sports services look after the quality of the sports facilities under their control and offer the citizens many ways to maintain their wellness and health in partnership with sports clubs and the Sotkamo adult education centre.

Kuhmo offers great opportunities for exercise and sports for people of all ages, whether independent or guided. There are 16 sports clubs and organisations in the region, offering a diverse range of sports and activities.

Riikka Kähkönen

Wellness Activator

tel. 044 7255 423

riikka.kahkonen@kuhmo.fi

Ice rink and sports centre services

You are welcome to play ice-based sports at the modern and well-equipped Kuhmo ice rink. You can play ice hockey and curling there in the winter, and roller in-line hockey in the summer. The rink features LED lighting, a safe rink, good dressing room and washing facilities, and a skate sharpening service. The prices are affordable and the location excellent, with only about one kilometre to the centre of Kuhmo city. There are diverse opportunities for other types of exercise around the rink, including a track and field arena, a swimming pool, a gym, a running track, tennis courts, and an outdoor rink. Free public time slots and the weekly schedule can be seen at the [Kuhmo ice rink website](#).

Ice rink/ Sports Centre
Martinpolku 5
88900 Kuhmo

Jouni Kärnä
tel. 044 294 0931
jouni.karna64@gmail.com

Swimming pool

The swimming pool is located in the Kuhmo sports centre on Kuntokatu street. The swimming pool offers activities and events for all ages. More information about pool services can be viewed at: [https://www.kuhmo.fi/kulttuuri- ja- vapaa-aika/liikuntapalvelut/uimahalli/ohjattu-toiminta/](https://www.kuhmo.fi/kulttuuri-ja-vapaa-aika/liikuntapalvelut/uimahalli/ohjattu-toiminta/) and

[https://www.kuhmo.fi/kulttuuri-ja-vapaa- aika/liikuntapalvelut/uimahalli/tapahtumat/](https://www.kuhmo.fi/kulttuuri-ja-vapaa-aika/liikuntapalvelut/uimahalli/tapahtumat/)

Kuntokatu 1
tel. 044 725 5417
uimahalli@kuhmo.fi

Pool opening hours: [https://www.kuhmo.fi/kulttuuri-ja-vapaa- aika/liikuntapalvelut/uimahalli/](https://www.kuhmo.fi/kulttuuri-ja-vapaa-aika/liikuntapalvelut/uimahalli/) Opening hours vary depending on the season.

Gym Syke Plus

Kuhmo is home to a high-quality gym where you can get sweaty and smash your personal goals. SykePlus is a modern gym that allows you to train in a versatile way at your own pace. Challenge yourself and start regular exercise with modern equipment and plenty of room! We offer you a spacious workout room and modern exercise equipment in the centre of Kuhmo city, close to other services.

Niko Haverinen
Exercise Instructor
tel. 044 745 2256
sykeplus@gmail.com

Kainuuntie 99
88900 KUHMO

Sports clubs

The people of Kuhmo are kept active at all ages by 16 lively sports clubs, featuring sports such as: ice hockey, football, gymnastics, dancing, track and field, baseball, orienteering, karate, swimming, volleyball, canoeing, riding, motorsports, and darts.

The clubs and the city also arrange various exercise challenges and events for the people all year round.

Club contact details:

<https://www.kuhmo.fi/kulttuuri-ja-vapaa-aika/liikuntapalvelut/urheiluseurat/>

Nature, hunting, and fishing

Welcome to the wild woods, eskers, and peatlands of Kuhmo. In the nature of Kuhmo, you can stop to listen how the trees talk. There are approximately 250 kilometres of hiking trails here. Ranging from beginner-friendly to more experienced. There are also sites for families and accessible or demanding accessible nature trails.

Tips for hiking are available from VisitKuhmo at <https://visitkuhmo.fi/en/routes-natural-sights/>

More information about hunting and fishing in Kuhmo is available from VisitKuhmo at <https://visitkuhmo.fi/nae-ja-koe/aktiviteetit/metsastys/>

There are enough cultural and historical destinations in Kuhmo to keep you busy for several days. Find these sites on the VisitKuhmo website at: <https://visitkuhmo.fi/en/places-of-interest/>



MOVER'S MEMO

- ✓ **Check if you need a residence permit**
- ✓ **Persons from EU/EEA countries need to register within 3 months of moving into Finland**
- ✓ **Find yourself a place to stay**
- ✓ **Register at the Digital and Population Data Services Agency (DVV)**
- ✓ **Apply for Finnish social security benefits and a Kela card**
- ✓ **Get a passport photo and apply for an ID card at the police. An ID card makes it easier to do business with banks and the authorities.**
- ✓ **Open a bank account**
- ✓ **Register as a job seeker at the employment services if you are looking for a job**
- ✓ **Apply for a tax card if necessary**
- ✓ **Check if you need to replace your foreign driver's licence with a Finnish licence**

GOOD LIFE IN KUHMO



CONTACT



Kuhmo city home page



08 615 5521



asiakaspalvelu@kuhmo.fi



Kainuuntie 82, 88900 Kuhmo



Kuhmo city on Facebook



Kuhmo city on Instagram



Kuhmo city on YouTube

KUHMO



This guide was made in connection with the Skilled Workers for Kuhmo

Euroopan unionin osarahoittama